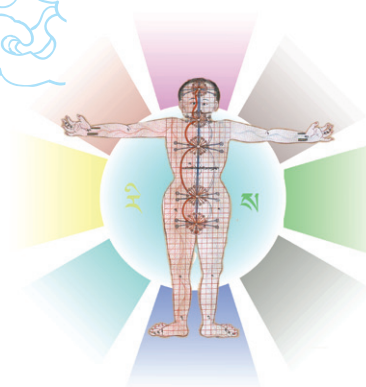


Tibetan ENERGY HEALING



The World's Most Powerful & Accurate System of Energy Healing

Everything—the body, mind and environment—are built of 5 dynamic elements. And all our material problems, physical sickness, and mental suffering are based on deficiency, excess or distortions in these elements. Thus all healing comes from balancing and spiritualizing these forces.



Space is the container, providing coordination and control of all the above. Inwardly, it is our ability to tap into our inner wisdom, intuition, clear seeing and certainty.

Air regulates movement, flow, breath, nerve impulses and communication. Psychologically, it relates to our intelligence, resourcefulness, inventiveness and artistry.

Fire is about energy production, food transformation and immune defense. It is the basis of our drive, focus, courage, willpower and our sense of the rightness and truth.

Water governs the forces of metabolism, chemistry and fluid dynamics. Emotionally, it is the basis of empathy & compassion and our connection with people, things and ideas.

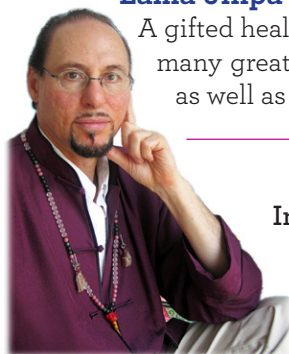
Earth gives stability, framework and structure to every cell and organ, and mentally gives us the power of leadership, organization, confidence and our sense of place in the world.

The 5 Elements are the key to our physical, psychological and spiritual well-being.

In this full-day experiential seminar on the ancient science of Tibetan Energy Healing, we will learn visualizations, meditations and mantras for a completely new relationship to the elements.

- Working with the light, color and sound of the elements, according to ancient Tibetan science.
- Increasing diminished elements and clearing toxicity and congestion from each element.
- Psychologically maximizing our inherent Five Powers and transforming Loss and Shadow.
- Using Feminine Wisdom Dakini energy for elemental self-healing ... and more!
- An introduction to discovering and healing elemental imbalances in others.

Lama Jinpa (Dr. Asa Hersh) has spent a lifetime unraveling the secrets of the 5 Ways of Power. A gifted healer, he has completed the traditional 3-year 3-month meditation retreat and studied with many great Tibetan lamas over the decades. He is founder of the School of Tibetan Healing Chö, as well as the Canadian College of Naturopathic Medicine in 1978. www.tibetenergyhealing.com



FRIDAY, OCTOBER 1, 2010, 9 -5 pm. TORONTO

Institute of Traditional Medicine. 553 Queen St. W., 2nd Fl. Toronto, ON, M5V 2B6

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